

BCIA-Australia Clinical Interchange for Neurofeedback Practitioners
presents

How I mentor and support learners and colleagues toward BCN certification

Saturday 23/06/18

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Clinical Psychologist & Neurofeedback Therapist

Fellow, Biofeedback Certification International Alliance

Fellow, APS College of Clinical Psychologists

Fellow & President, Applied Neuroscience Society of Australasia

Diplomate, QEEG Certification Board International

Professional Leadership & Mentoring

- BCIA Board certification is the mark of distinction for providers of biofeedback and neurofeedback services. Certification is valid for 4 years for those who carry the credential (BCN).
- In addition to BCN, experienced practitioners may apply to BCIA-A for recognition of their eligibility to provide neurofeedback mentoring. This is a mark of professional leadership and willingness to contribute to the development of our field and its participants.
- All candidates for Neurofeedback Certification require BCIA-A approved mentors in order to meet their certification requirements. Mentors may set their own fees for services if applicable.
- Mentor certification remains current as long as the BCIA mentor holds current BCN status with the BCIA-A.
- BCIA provides some [guidelines](#) for mentors

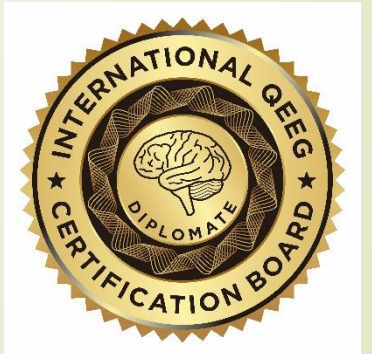


BCIA-A Approved Mentors

- [Michelle Aniftos](#)*
- Mirjana Askovic*
- Richard Clark
- Kerryn Coombe
- Glen Davey
- Jennifer Grant
- Joel Harman*
- Trix Harvey
- Jon Hegg
- Tim Hill*
- [Sejla Murdoch](#)
- [Moshe Perl](#)*
- Dianah Rodrigues*
- [Nerida Saunders](#)
- Angelo Schibeci
- Phil Watts*

*Also QEEGD

Contact BCIAaustralia@gmail.com for contact details and further information





Mentor's Attestation

- Candidates applying for Certification in Neurofeedback require their mentor to sign off on their completion of Practical Training:
- Mentoring Contact Hours refers to **25 hours** of time spent to review:
 - a) Personal Neurofeedback (self-regulation) Training - 10 sessions
 - b) Clinical Neurofeedback Treatment with Clients/Patients - 100 sessions
 - c) Neurofeedback Case Conference - 10 Presentations
 - d) Now including [Essential Skills List](#) to be signed and attached



Mentoring Procedure/Resources

- Initial 'meet and greet' to determine mentee needs/interests/goals
- Establish suitability of the mentor-mentee relationship, fees, frequency & mode of meetings
- Basic Information Pack:
 - BCIA-A Information Flyer
 - Neurofeedback Blueprint 2015
 - BCIA Professional Standards & Ethical Guidelines
 - BCIA-A Application for Certification
 - Core Reading List
 - Essential Skills List
- Additional Resources: Mentoring Agreement, Supervision Record template, Case Presentation Template, Client Session Record, etc

Exam Preparation

- ▶ Candidates for the Neurofeedback exam should have completed their 36-hour Didactic Training and the two pre-requisite tertiary courses (e.g., [Human Physiology & Physiological Psychology](#) or equivalent).
- ▶ The BCIA Neurofeedback exam is hosted annually at the [ANSA Conference](#). Candidates may choose to arrange a [special exam](#).
- ▶ Participants must have submitted an Application for Certification to the BCIA-Australia (via bciaAustralia@gmail.com), paid their application fees via EFT to BCIA-Australia, paid Certification fees to [BCIA](#) online, and have reserved a place in the exam.
- ▶ Mentors need to remind exam candidates that the BCIA provide a [Core Reading List](#) to guide exam preparation however the exam content is very much aligned with the Neurofeedback [Blueprint](#) with the number of questions distributed to reflect the hours allocated per blueprint module, e.g., *4 hrs Orientation to Neurofeedback in the 36-hour Blueprint so approximately 11% of the exam questions will likely be related to this topic.*



The Mentoring Session

- Establish and maintain rapport
- Confirm purpose of mentoring/supervision session and identify priority of agenda items for current meeting
- Ensure a balance of mentee/mentor inputs and discussion unless planned as a didactic teaching episode
- Link discussion, activities, new learning back to the Blueprint of Knowledge, e.g.:
 - human learning theory and operant conditioning
 - neurophysiological attributes of behaviour and symptoms of disorder
 - evidence of efficacy for neurofeedback and specific protocols
 - ethical conduct for patient assessment and intervention, etc.
- Promote mentee confidence and ongoing commitment to CPD – affirm efforts

Useful Links

- BCIA-Australia email: bciaAustralia@gmail.com
- BCIA-A [Information Pack](#) for new Applicants
- www.bcia.org
- www.appliedneuroscience.org.au
- <https://www.isnr.org/>
- <https://www.aapb.org>
- [APS Neurofeedback & Psychology Interest Group](#)
- <https://www.biosourcesoftware.com>

Organisations offering BCIA accredited 4-day Didactic Courses in Australia:

- <https://www.neurotherapy.com.au/>
- <http://www.brainclinics.com>
- www.novatecheeg.com

4-day BCIA accredited Didactic Courses by Distance Education:

- <http://www.bcia.org/i4a/pages/index.cfm?pageid=3641>
- <http://www.behavmedfoundation.org/eeg-biofeedback-neurofeedback/>